

#### Lean Construction Institute Provider Number H561



John Gambatese February 8, 2018 – 12:45 PM - 3:45 PM



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Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.



#### Course Description

Prevention through Design (PtD) is a National Institute of Safety & Health initiative to improve safety throughout the lifecycle of products of all types. In the built environment domain, that means to design facilities so they can be safely constructed, safely maintained and operated, safely used for business, and safely altered and decommissioned. Challenges to realizing these goals include the construction industry habit of excluding downstream users of facility design from the design process. Further, even when builders are brought into the design phase of projects, they may not be made full members of the design team, but rather limited to providing feedback on cost or constructability. This presentation will explain what can and is being done to design the built environment for safe construction.



#### Learning Objectives

At the end of the this course, participants will be able to:

- 1. Learn what Prevention through Design is.
- 2. Learn why Prevention through Design is important and needed.
- 3. Learn how to do Prevention through Design in the design phase of construction projects.
- 4. Understand the challenges to successful implementation and how to overcome them.



# Designing for Safety in Construction and throughout the Facility Lifecycle

John Gambatese, PhD, PE(CA)

School of Civil and Construction Engineering Oregon State University Project Production Systems Laboratory (P<sup>2</sup>SL) *Lean Design Forum 2018* Berkeley, CA February 8-9, 2018





#### **Recent News**

#### SmartMarket Report

SAFETY MANAGEMENT IN THE CONSTRUCTION INDUSTRY 2017 SMARTMARKET REPORT

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Dodge Data & Analytics 2 www.construction.com

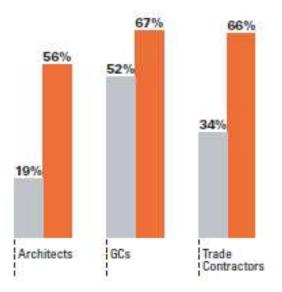
#### Awareness and Reported Practice of Prevention Through Design (According to

Architects, GCs and Trade Contractors)

Dodge Data & Analytics, 2017

Aware of Prevention Through Design

Believe They Are Practicing Based on the Definition Provided

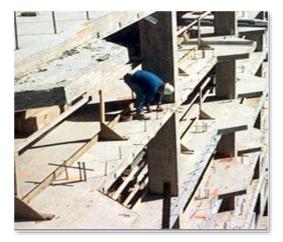




# PtD: Moving Safety Upstream

"PtD encompasses all of the efforts to anticipate and design out hazards to workers in facilities, work methods and operations, processes, equipment, tools, products, new technologies, and the organization of work."

(www.cdc.gov/niosh/topics/ptd/)





"Safety Constructability"



Prevention through Design (PtD) = SiD = DfS = EfS

#### Why implement PtD?



#### The Importance of Design

• "Things alter for the wrong spontaneously, if they be not altered for the better designedly."

Francis Bacon (1561-1626), British author, statesman, philosopher, and scientist



## A Focus on Ethics

- National Society of Professional Engineers (NSPE) Code of Ethics:
  - "Engineers shall hold paramount the safety, health, and welfare of the public."
- American Society of Civil Engineers (ASCE) Code of Ethics:
  - "Engineers shall recognize that lives, safety, health and welfare of the general public are dependent upon engineering decisions....."

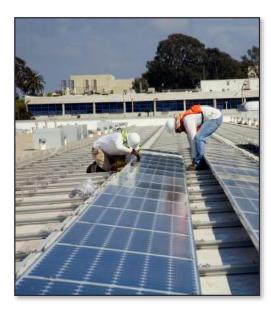




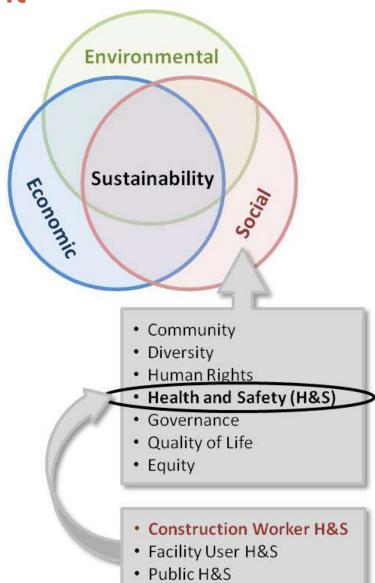


## Sustainable Development

- USGBC Prevention through Design LEED Pilot Credit, IPpc93
  - Safety Design Review
  - Safety Constructability Review







# Supporting Research

- 22% of 226 injuries that occurred from 2000-2002 in Oregon, WA, and CA related to design<sup>1</sup>
- 42% of 224 fatalities in US between 1990-2003 related to design<sup>1</sup>
- 60% of fatal accidents resulted in part from decisions made before site work began<sup>2</sup>
- 63% of all fatalities and injuries could be attributed to design decisions or lack of planning<sup>3</sup>



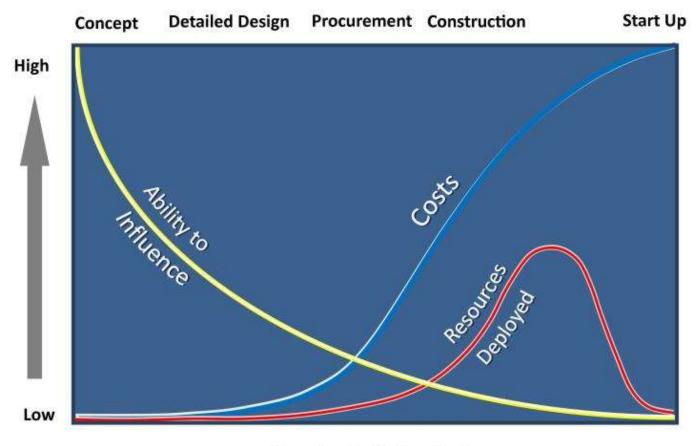
<sup>1</sup> Behm, M., "Linking Construction Fatalities to the Design for Constr. Safety Concept" (2005)

<sup>2</sup> European Foundation for the Improvement of Living and Working Conditions

<sup>3</sup> NSW WorkCover, CHAIR Safety in Design Tool, 2001

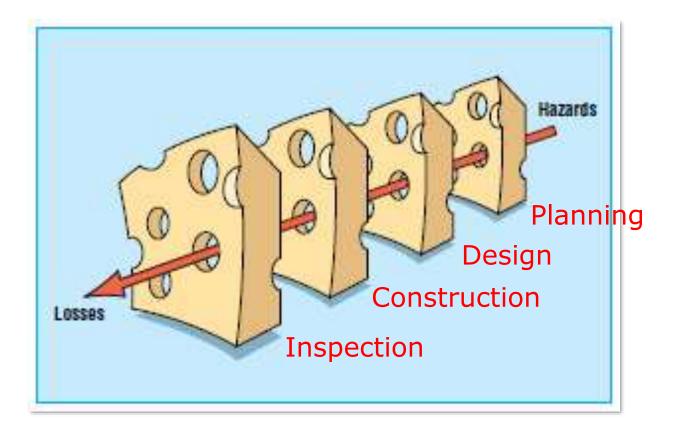
#### **Project Impacts**

• Ability to influence safety is greatest early in the project schedule during planning and design (Szymberski, 1997)



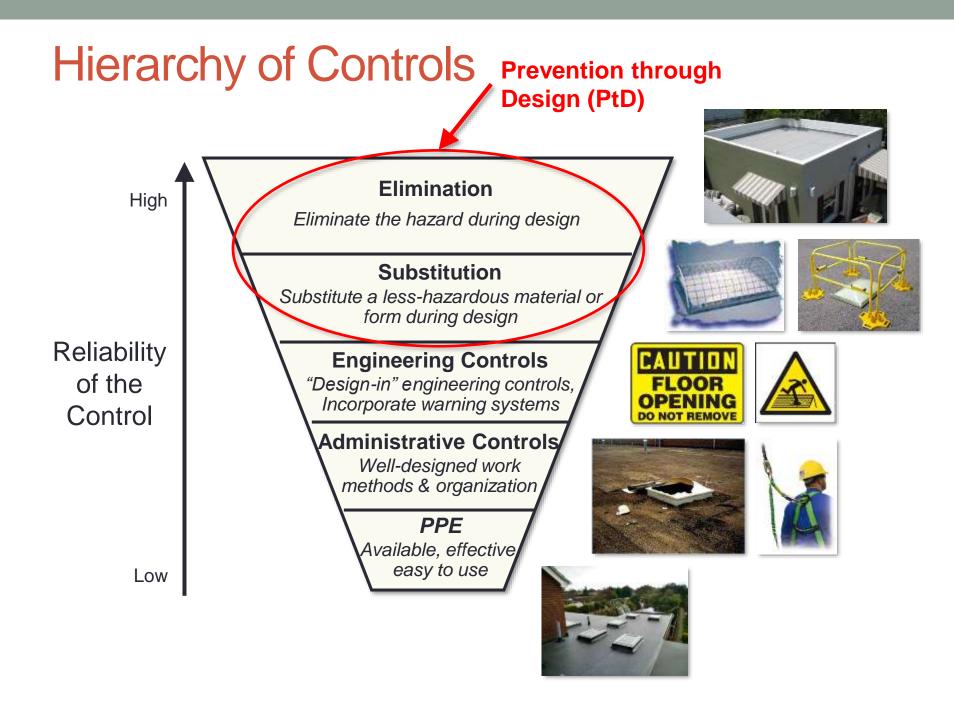
**Project Schedule** 

#### **Models of Accident Causation**

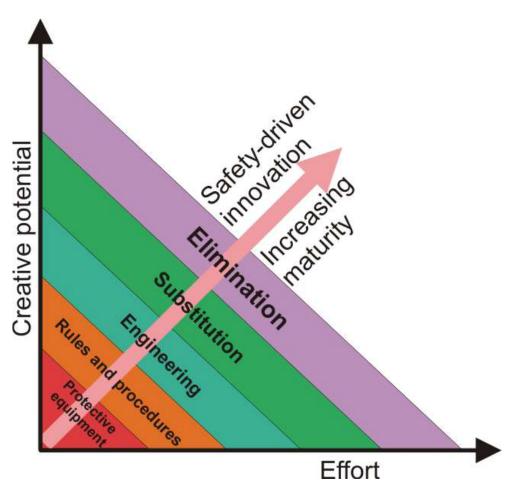


#### Source:

Reason, J., "Human Error: Models and Management." British Medical Journal, Vol. 320, 768-770, March 2000



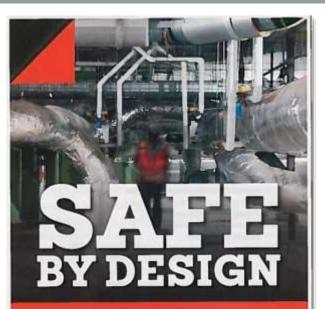
#### A Driver of Innovation



Source: Culvenor, J. (2006). "Creating Transformational Change through Innovation in Risk Management Keynote Address: 'Creating transformational change through innovation in risk management'." *Risk Management Research and Practice: An Educational Perspective*, Welsh Risk Pool and University of Wales, Bangor, Trearddur Bay Hotel and Conference Centre, Holyhead, Anglesey, UK, March 30-31, 2006.

# Benefits of PtD Implementation

- Reduced site hazards
  - Fewer worker injuries and fatalities
- Increased productivity
- Increased quality
- Fewer delays due to accidents
- Designer-constructor collaboration
- Improved operations/maint. safety
- Reduced workers' comp. premiums
- Marketing, recognition



AT SOUTHLAND, WE BELIEVE IN PREVENTION THROUGH DESIGN.

BY INCORPORATING SPECIFIC SAFETY GUIDELINES DURING THE DESIGN PHASE, WE HAVE PIONEERED AN APPROACH TO SAFETY THAT BEGINS THE SECOND OUR DESIGN ENGINEERS PUT PENCIL TO PAPER

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#### **Expected Impacts**

Survey of design and construction professionals in the UK:

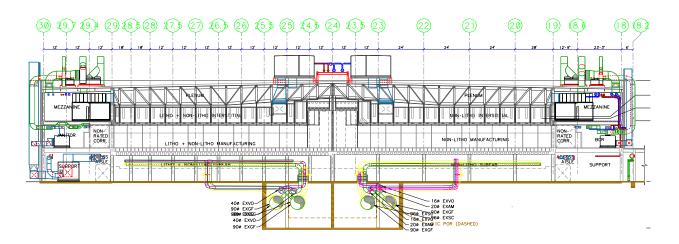
• Change as a result of implementing PtD (% of respondents)

ltem	Decrease	No Change	Increase
Design cost (n=35)	6%	46%	49%
Construction cost (n=38)	34%	24%	42%
Design duration (n=37)	8%	57%	35%
Construction duration (n=39)	38%	44%	18%
Construction quality (n=39)	8%	28%	64%
Construction worker productivity (n=30)	13%	33%	53%
Construction worker health & safety (n=45)	4%	9%	87%
End-user health and safety (n=42)	5%	10%	86%

Source: Final Report, NIOSH PtD in the UK study, May 2013.

# Inhibitors of PtD Implementation

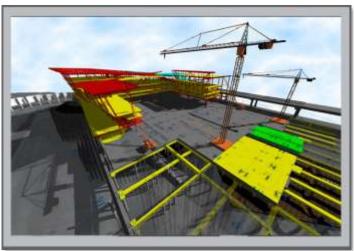
- No or minimal designer education and training in safety
  - Site safety and designing for safety
- Difficult to assess risks during design
- Contractual separation of design and construction
- Cost/time required to implement PtD
- Fear of increased liability
- Competing priorities (e.g., safety vs. cost/schedule)



# **Enablers of PtD Implementation**

- A committed owner/client
- Positive safety culture
- Design engineer experience and training
  - Construction, maintenance, and safety
- Integrated project delivery methods
- Design/construction visualization tools





# **PtD** Initiatives

- NIOSH PtD National Initiative
- OSHA Construction Alliance Roundtable
- ANSI/ASSE PtD Standard Z590.3-2011
- U.K.: Construction (Design and Management) Regulations
- Spain: Royal Decree 1627/1997
- Singapore: Design for Safety Pledge, 2012
- Other EU countries, Australia, South Africa, and more







# How can organizations implement and facilitate PtD?



Source:

Gambatese, J.A., "Designing for Construction Safety and Health: From Research to Practice," keynote presentation. *Working Together: Planning, Designing, and Building a Healthy and Safe Construction Industry*, International Council for Research and Innovation in Building and Construction (CIB) W99 Conference, Melbourne, Australia, Oct. 21-23, 2009.

- Education, training, and tools
  - Safety in architecture/engineering education
  - Professional continuing education classes
  - Safety in professional licensure requirements
  - Visualization and work flow tools

$$1 \ 2 \ 3 \ 4 \ 5 \ PtD$$

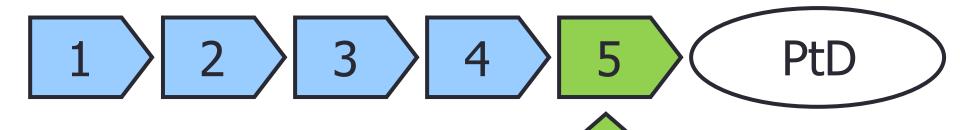
- Right place, right time, right resources
  - Safety review in project development process
  - Integrated project delivery methods
  - Co-locating design and construction staff
  - Supported by owner/client (resources)



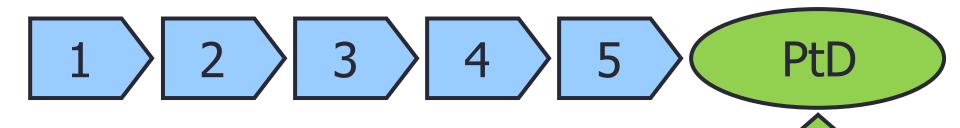
- Safety is a design criterion
  - Part of standard design practice
  - Incorporated into design codes
  - Contractually prescribed by owner/client
  - Required by legislation



- Safety is a high priority
  - Authorization to modify the design for safety
  - Designing out the hazard is first choice
  - Safety and health given high priority relative to other project criteria



- Designing for safety has value
  - Lifecycle savings outweigh costs, and economically feasible for designers
  - Improvements in safety, quality, productivity
  - Morally/ethically responsible
  - Desired by owners/clients (priority)

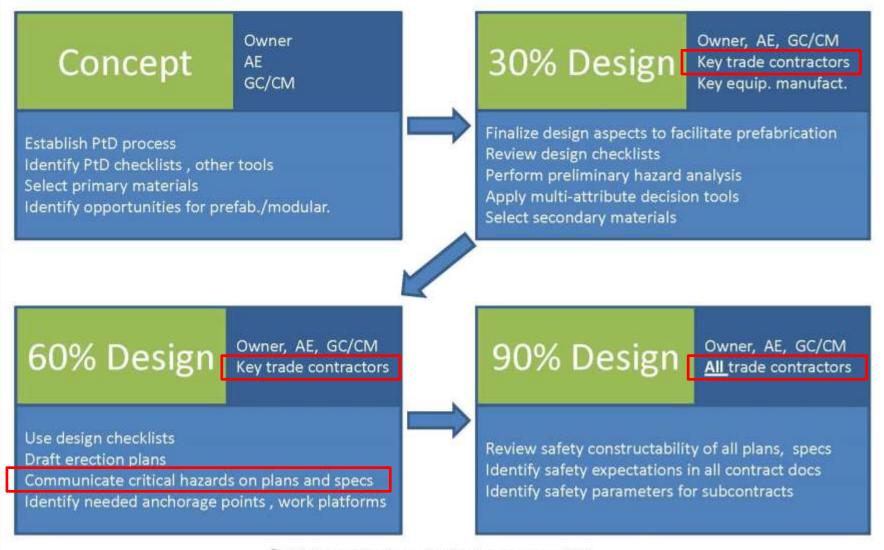


- Designed for construction safety and health
  - Construction site hazards eliminated/reduced
  - Improvements in safety, quality, productivity
  - Improvements in maintenance safety
  - Design and construction integration and collaboration

# What PtD processes and tools have been developed?



#### **Planning and Design Process**

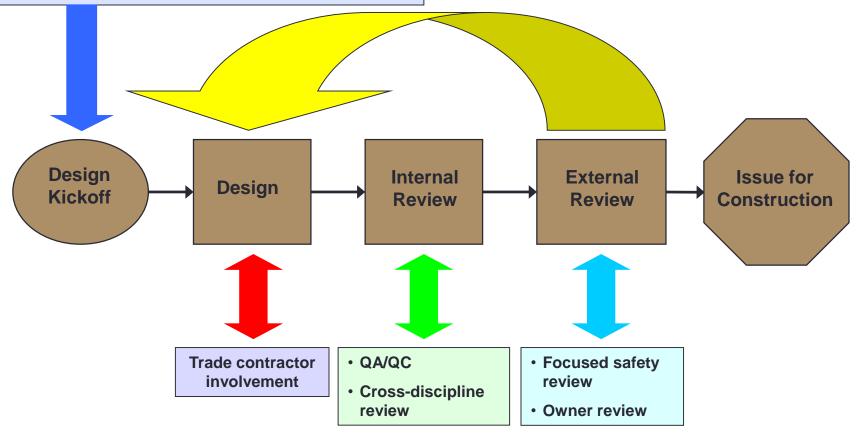


© T. Michael Toole and John Gambatese 2011

## **Design Development**



- Include construction and operation perspective
- Identify design for safety process and tools



# Example PtD Program

- The Haskell Co.: "Safety Alert System" (SAS)
- Designer safety education, training, awareness
- Safety reviews during design
  - All disciplines
  - Identify hazards
  - Incorporate safety suggestions into design
- Safety symbols on design drawings
  - Alert constructors to safety hazards
  - Include reference to related OSHA standards







# Example: BHP Billiton PtD Initiative

- PtD staff embedded in procurement and design
- Communication and training
- PtD in technical specifications



List of Courses

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Courtesy of BHP Billiton

# PtD Tools: Design Risk Assessment

#### Which is safer to build? How much safer?



# Steel-framed building





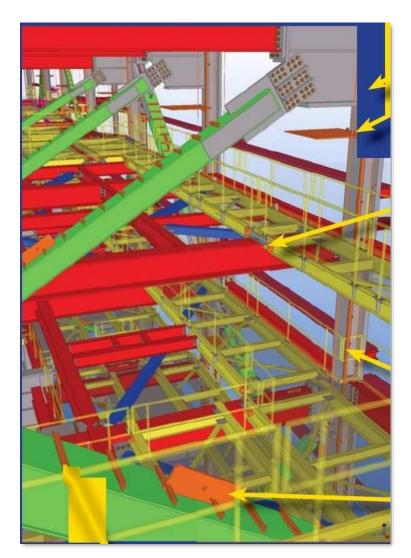
#### Concreteframed building

www.constructionsliderule.org

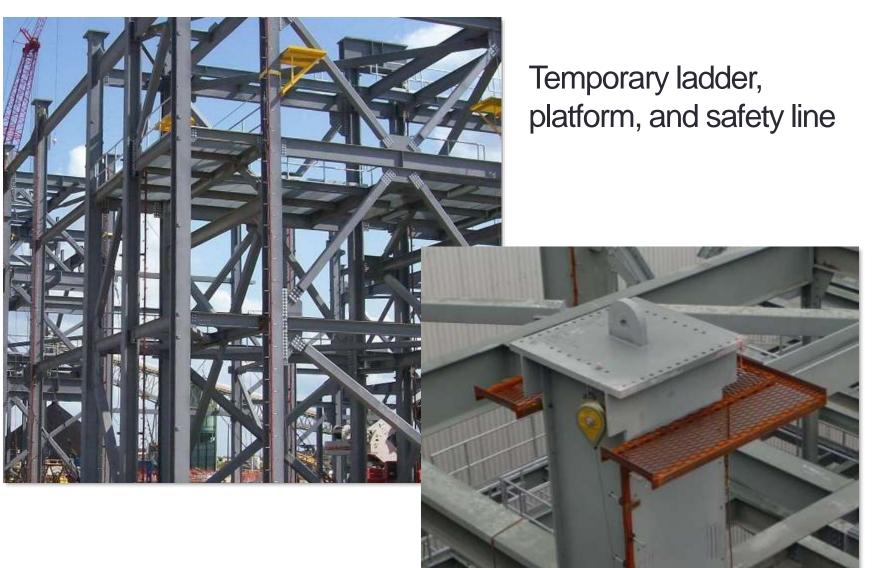
# What does a safe design look like in practice?



- Bechtel's steel design process
- PtD elements:
  - Temporary access platforms
  - Lifting lugs
  - Shop installed vertical brace ladders
  - Bolt-on column ladders and work platforms



Graphic courtesy of Bechtel Corp.



Photos courtesy of Bechtel Corp.

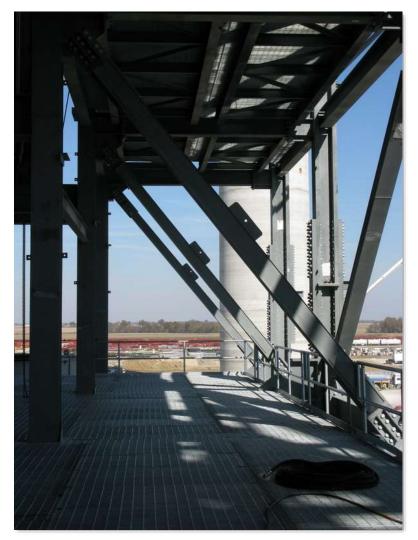


#### Modular platforms





Photos courtesy of Bechtel Corp.



# Brace lifting clips and rungs



Photos courtesy of Bechtel Corp.

#### **PtD Example: Anchorage Points**





Roof anchors

## Panel and guardrail anchor points



#### PtD Example: Roofs and Perimeters

#### Skylights





#### Upper story windows

#### Parapet walls



#### PtD Example: Walking Surfaces

• Walkable ceiling space to allow worker access



#### **PtD Example: Prefabrication**



Steel stairs

#### Concrete wall panels





Concrete segmented bridge

#### PtD Example: Modularization

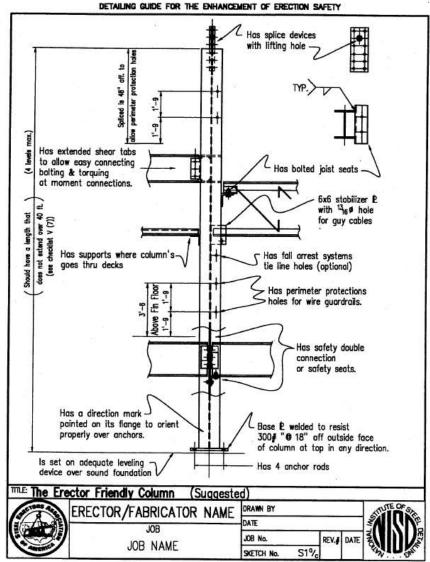
• Modular service risers





#### PtD Example: The Erector Friendly Column

 National Institute of Steel Detailers (NISD) and Steel Erectors Association of America



# PtD Example: The Erector Friendly Column

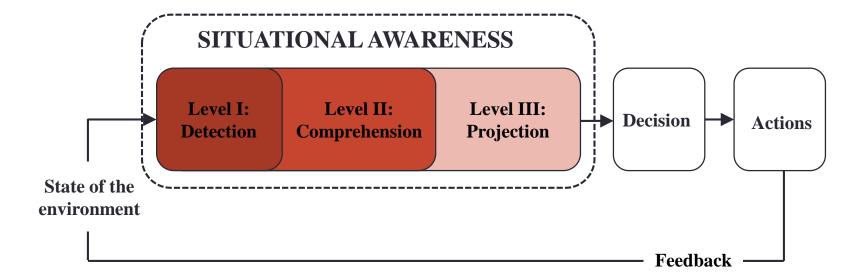
- Holes in columns at 21" and 42" for guardrail cables
- Column splices and connections at reasonable heights above floor
- Seats for beam connections



# How to conduct a safety in design review?



#### **Situational Awareness**



Sources:

Artman, H. (2000). "Team Situation Assessment and Information Distribution." Ergonomics, 43(8), 1111-1128. Hallowell, M. (2013). "Human Factors Engineering: Situational Awareness and Signal Detection Theory."

## Situational Awareness

#### for Safety in Design

Guidewords

Degrees of

Connectivity

#### 1. Hazard identification

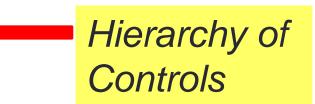
- What work conditions does the design create?
- Which of the work conditions creates a safety hazard?

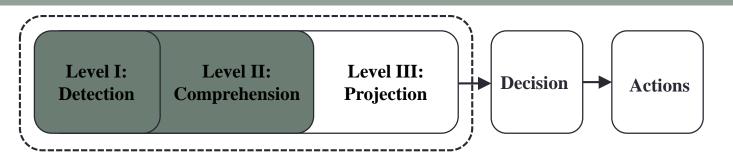
#### 2. Risk assessment

• What is the level of safety and health risk associated with each hazard?

## 3. Alternative identification, valuation, and selection

- What can be done to the design to eliminate or reduce the hazards?
- How much risk is mitigated? How reliable is the alternative?
- Which alternative should be selected?





#### 1. Hazard identification

What work conditions does the design Guidewords create?

## **Design Review Guidewords**

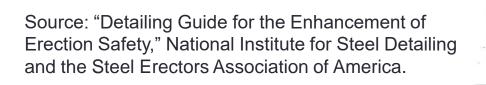
- Dimensions
  - Size, weight, height, depth, shape, clearance
- Actions/Interactions
  - Access, support, sequence, placement, connection
- Position
  - Orientation, location
- Surroundings/Exposures
  - Perimeters, openings, surfaces (coatings), obstructions
- Design-Human Interface
  - Poka-yoke (mistake-proofing), buffers
- System Performance
  - Reliability, redundancy, resiliency

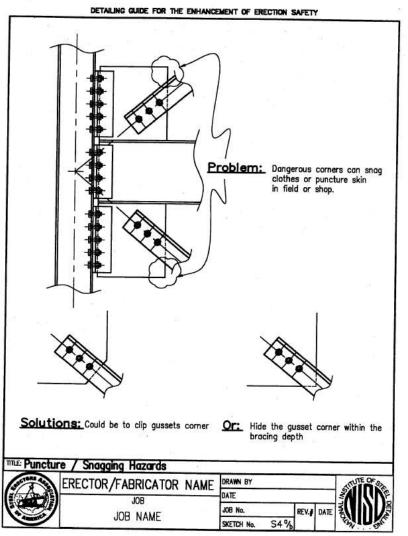
## **Dimensions: Size and Weight**



#### **Dimensions: Shape**







#### **Dimensions: Clearance**



Photos courtesy of URS/Washington Division



#### **Actions: Access**



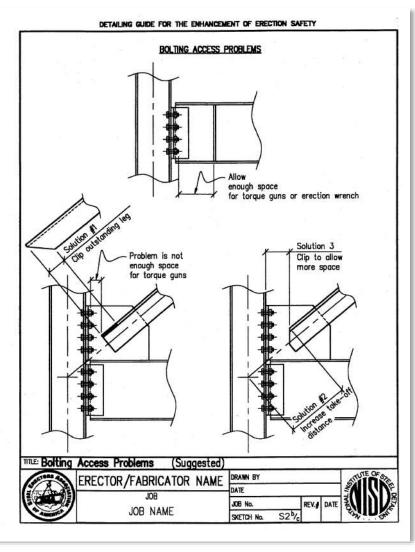


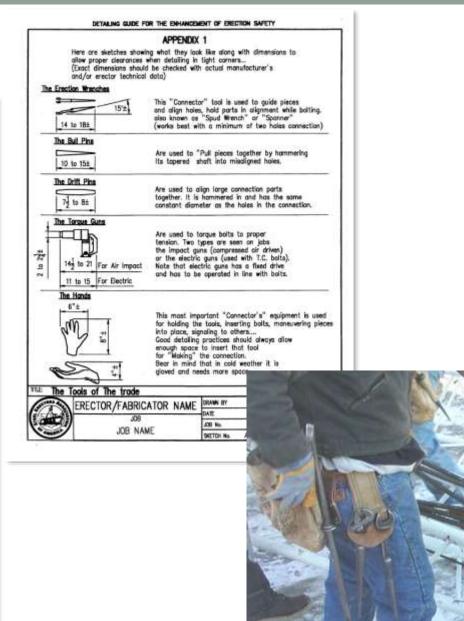
#### **Actions: Access**





#### **Actions: Access**

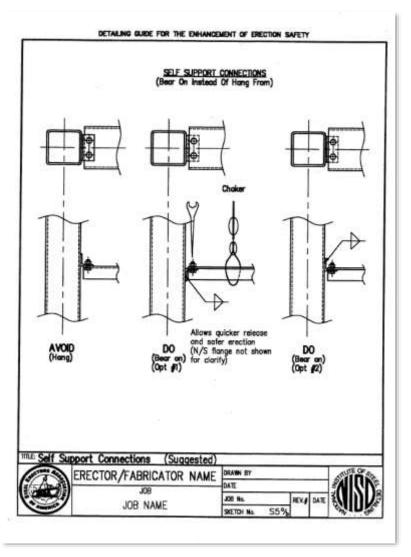




#### Photo: AISC educator ppt

## Actions: Support





## **Actions: Connection**

- The Erector Friendly Column
  - Holes at 21" and 42" above floor levels for guardrail cables, and at higher locations for fall protection tie-offs
  - Column splices and connections at reasonable heights above floor
  - Seats for beam connections



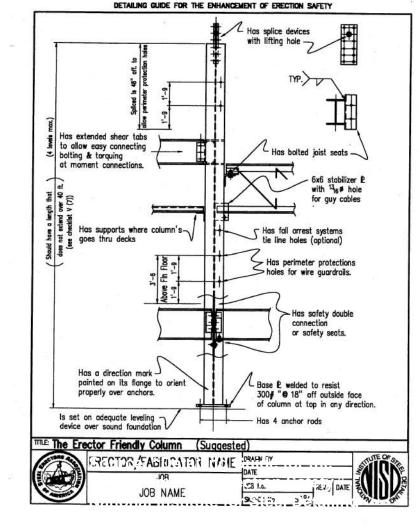
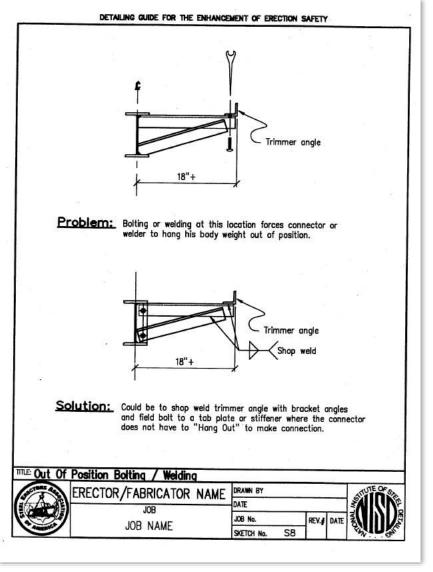


Photo: AISC educator ppt

#### **Position: Orientation**





### **Position: Location**

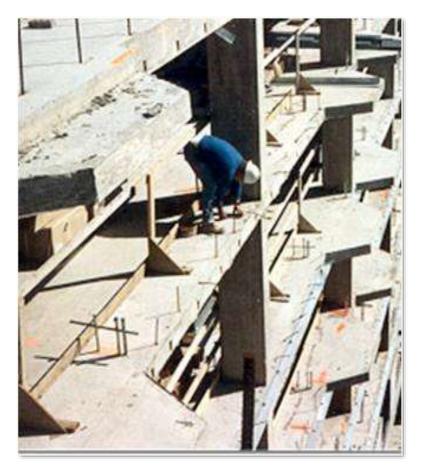




## **Position: Ergonomics**



#### **Surroundings: Perimeters**



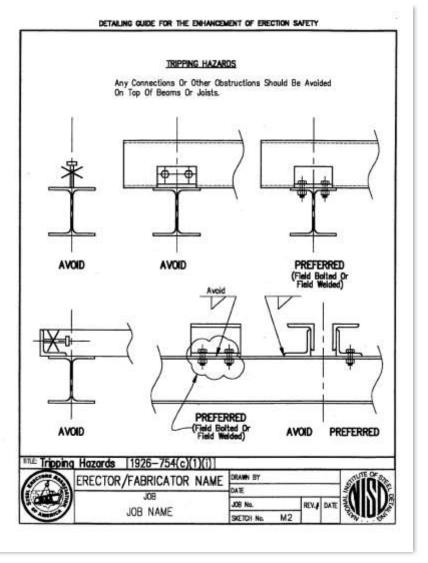


## Surroundings: Openings



## Surroundings: Surfaces/Obstructions





## **Exposures: Coatings**

- Non-isocyanate
- Low volatile organic compounds (VOC)







### Design-Human Interface: Poka-yoke

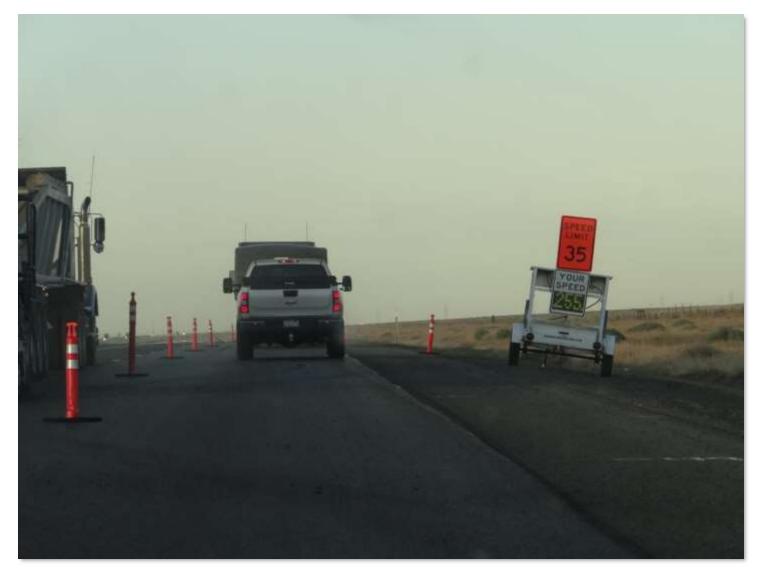




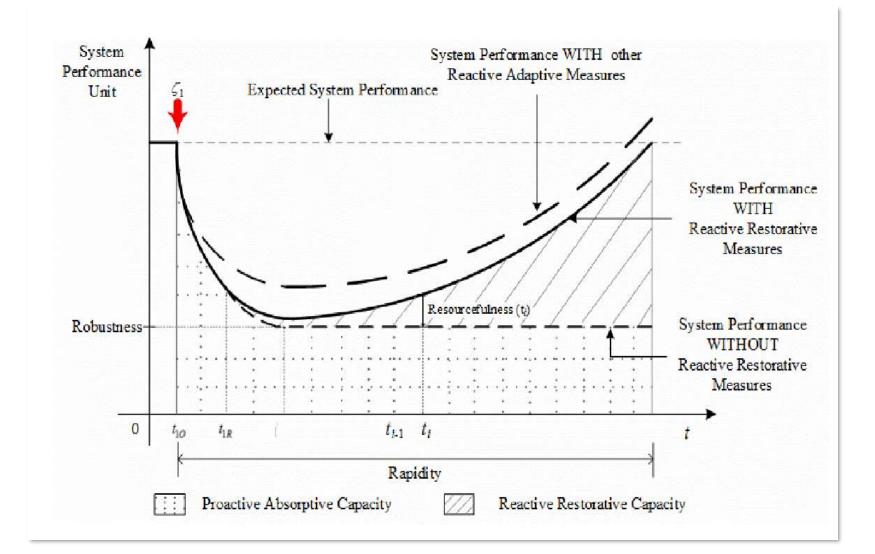
#### **Design-Human Interface: Buffers**

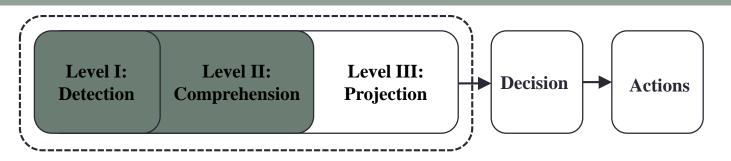


#### System Performance: Reliability



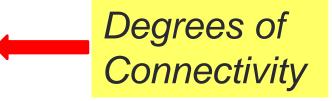
### System Performance: Resiliency



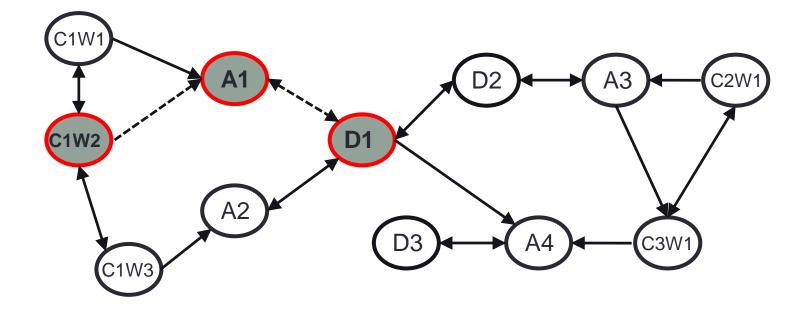


#### 1. Hazard identification

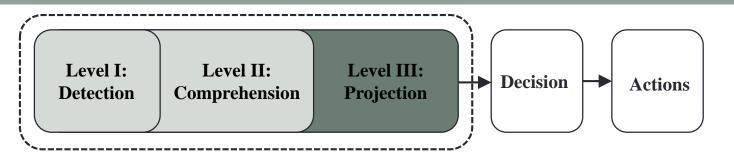
- What work conditions does the design create?
- Which of the work conditions creates a safety hazard?



#### **Degrees of Connectivity**



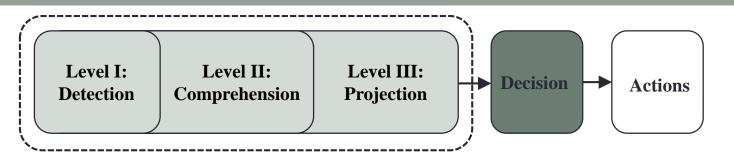
D = Design element A = Activity C = Crew W = Worker



#### 2. Risk Assessment

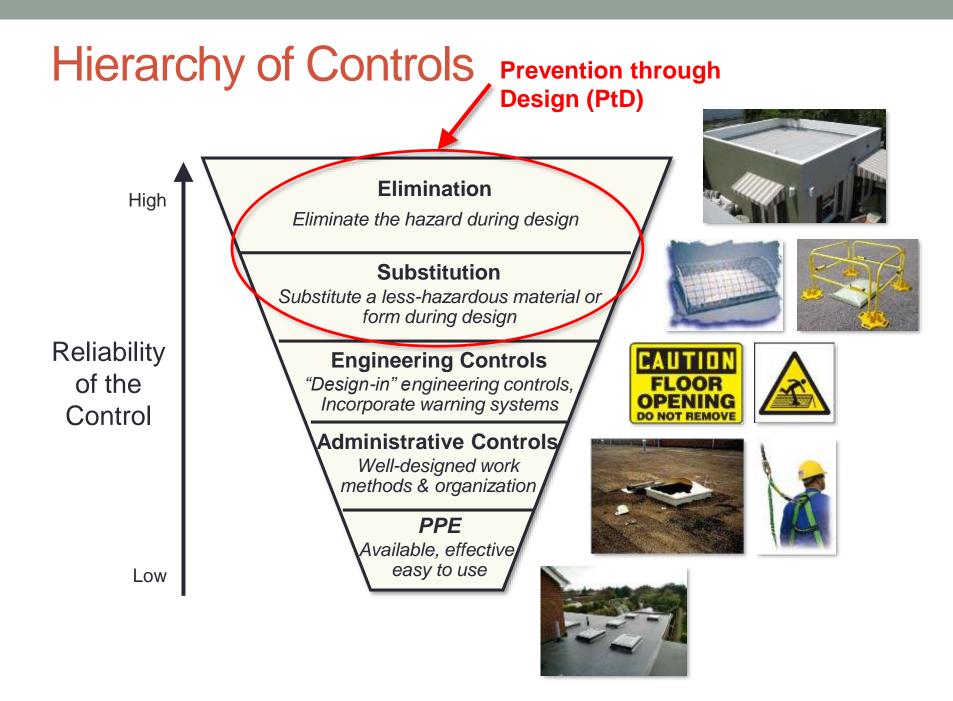
• What is the level of safety and health risk associated with each hazard?

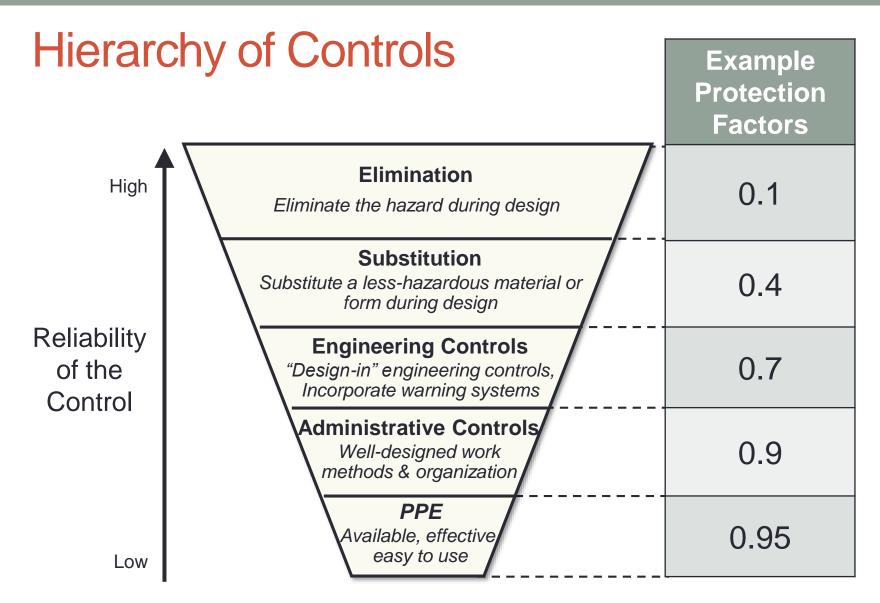
*Risk* = *Frequency* \* *Severity* \* *Exposure* 



- 3. Alternative identification, valuation, and selection
  - What can be done to the design to eliminate or reduce the hazards?
  - How much risk is mitigated? How reliable
    is the alternative?
  - Which alternative should be selected?

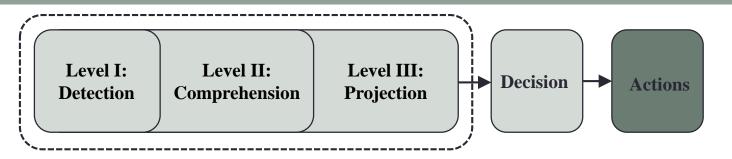
Hierarchy of Controls





Protection factors source:

Popov, G., Lyon, B.K., and Hollcroft B. (2016). "Risk Assessment: A Practical Guide to Assessing Operational Risks." John Wiley & Sons, Hoboken, NJ, pg. 83.



- 4. Select an alternative
- 5. Implement the selected alternative

# Designing for Safety in Construction and throughout the Facility Lifecycle

- Questions? Comments?
- For more information...
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#### This concludes The American Institute of Architects Continuing Education Systems Course

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